

## Tips for Successfully Dispensing Reading Glasses

Here are some ideas that our partners have found helpful in dispensing reading glasses. It's really quite simple if you follow these suggestions.

1. Make sure all bags of readers are clearly labeled by power and ideally have all tags removed.
2. Arrange the readers (still in their bags) by power in a row (lower powers to your left), behind or under the dispensing table.
3. On the dispensing table, arrange *a few* (no more than 5) styles of each reading power in a column. Arrange columns on the table from left to right- mirroring your stock as described in point 2. Label the powers on the table using a large piece of tape- this will help you be organized during the sometimes frantic dispensing day.
4. Have the patient sit across from the dispenser. Tell them that you are first going to find the right power, then the right frame style.
5. Put one of the readers on the patient and see if they are comfortable with reading at normal distance (usually about 16 inches). The younger the patient, the lower power you can start with.
6. Test the patient's range of clear near vision to determine if the power of the reading glasses is too strong or weak. If the patient states that the reading material is clearer as they move it closer to their face- the glasses are TOO STRONG. If they state that the material is clearer further away from them – the glasses are TOO WEAK.
7. If the power is too strong, replace the glasses with a lower power. If it is too weak, with a higher power. Do this until the patient is satisfied with the power. Remember that there is not much difference between 0.25D steps (e.g. +2.50 is subjectively pretty close to +2.75)

The perfect reading power will provide the patient to read or perform the activity they want (e.g. threading a needle) at an appropriate working distance and allow them to see clearly from approximately 8" to 14".

8. **Then** go to the appropriate power column of readers allow the patient to pick the style they like- remember some people can take a long time doing this and the waiting line grows fast!!! Be sure to help facilitate the decision as best you can.



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You can use the different type sizes below to help your client find the right power. They should be able to see line 3 at about 16 inches away.

1. Reading glasses can help a person maintain a job, provide for their family, enjoy leisure time and more
2. Reading glasses can help a person maintain a job, provide for their family, enjoy leisure time and more fully function in society.
3. Reading glasses can help a person maintain a job, provide for their family, enjoy leisure time and more fully function in society. Sunglasses can help
4. Reading glasses can help a person maintain a job, provide for their family, enjoy leisure time and more fully function in society. Sunglasses can help prevent cataracts and pterygia.
5. Reading glasses can help a person maintain a job, provide for their family, enjoy leisure time and more fully function in society. Sunglasses can help prevent cataracts and pterygia. They can also protect from blowing dust.



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You can use the different type sizes below to help your client find the right power. They should be able to see line 3 at about 16 inches away.

1. Empiece con la primera línea que no esta clara. Trata un par de lentes con esa prescripción. Si puedes leer
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3. Empiece con la primera línea que no esta clara. Trata un par de lentes con esa prescripción. Si puedes leer todos las líneas claramente, esa es su
4. Empiece con la primera línea que no esta clara. Trata un par de lentes con esa prescripción. Si puedes leer todos las líneas claramente, esa es su prescripción. Si todavía
5. Empiece con la primera línea que no esta clara. Trata un par de lentes con esa prescripción. Si puedes leer todos las líneas claramente, esa es su prescripción. Si todavía no puedes leer todas las líneas claramente, trata una



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